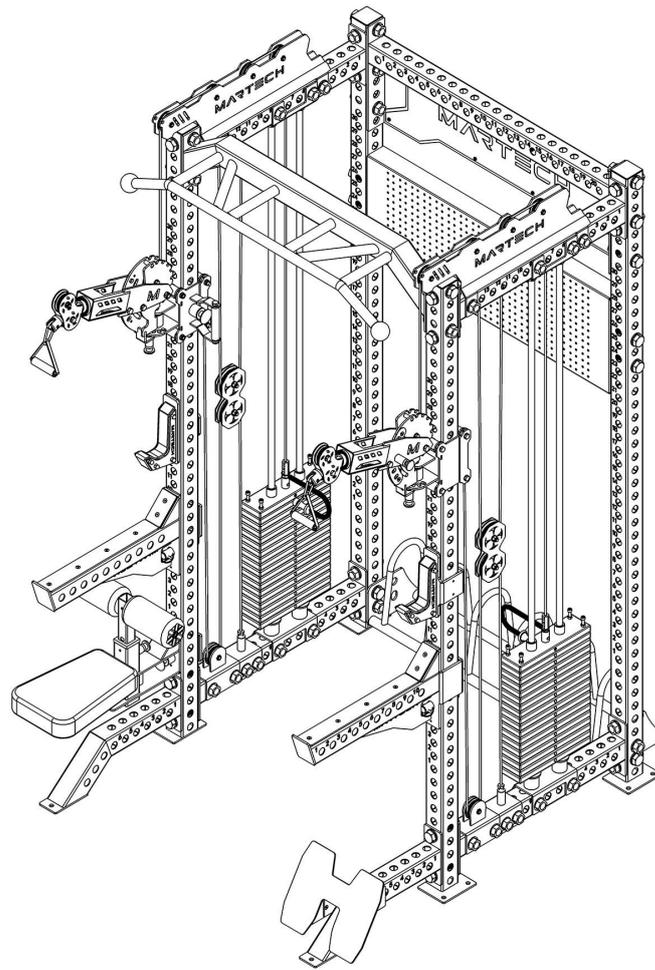


MARTECH



MARTECH M8 180 SWIVEL RACK

OWNER'S MANUAL



IMPORTANT– Please read fully manual before assembly or using

BEFORE YOU START

Please take sufficient time to read the installation instructions before assembling.

Remove all parts from the packaging, separate and count each various components to ensure everything has been correctly provided.

The innovative Modular Design and Preassembly that ensure the installation of this machine to be Quick and Easy.

It is the owner's responsibility to ensure that all users of this unit have read the owner's manual and are familiar with the safety precautions.

SAFETY PRECAUTIONS

- Highly recommended for two or more people to assemble the equipment to avoid injury.
- Assemble the equipment on a flat level surface.
- Consider placing a mat under the equipment to protect your floor.
- Wear safety footwear and clothing during assembly and use.
- Only tighten nuts and bolts by hand until the whole equipment is assembled.
- Ensure you correctly orientate each piece before attaching.
- Do not allow children and pets to be unsupervised around the assembly or usage of this equipment
- Ensure all parts are in full working order before use.
- Only one person should use the machine at any one time.
- Keep hair, fingers or clothing away from moving parts.
- Only use attachments recommended by the manufacturer.
- Never operate if any parts are not functioning correctly.
- Always correctly stretch and warm up before using the equipment.

Stop immediately if you experience any pain, dizziness or nausea. See a doctor at once.

MARTECH ASSUMES NO RESPONSIBILITY FOR PERSONAL INJURY OR PROPERTY DAMAGE SUSTAINED BY OR THROUGH THE USE OF THIS PRODUCT.

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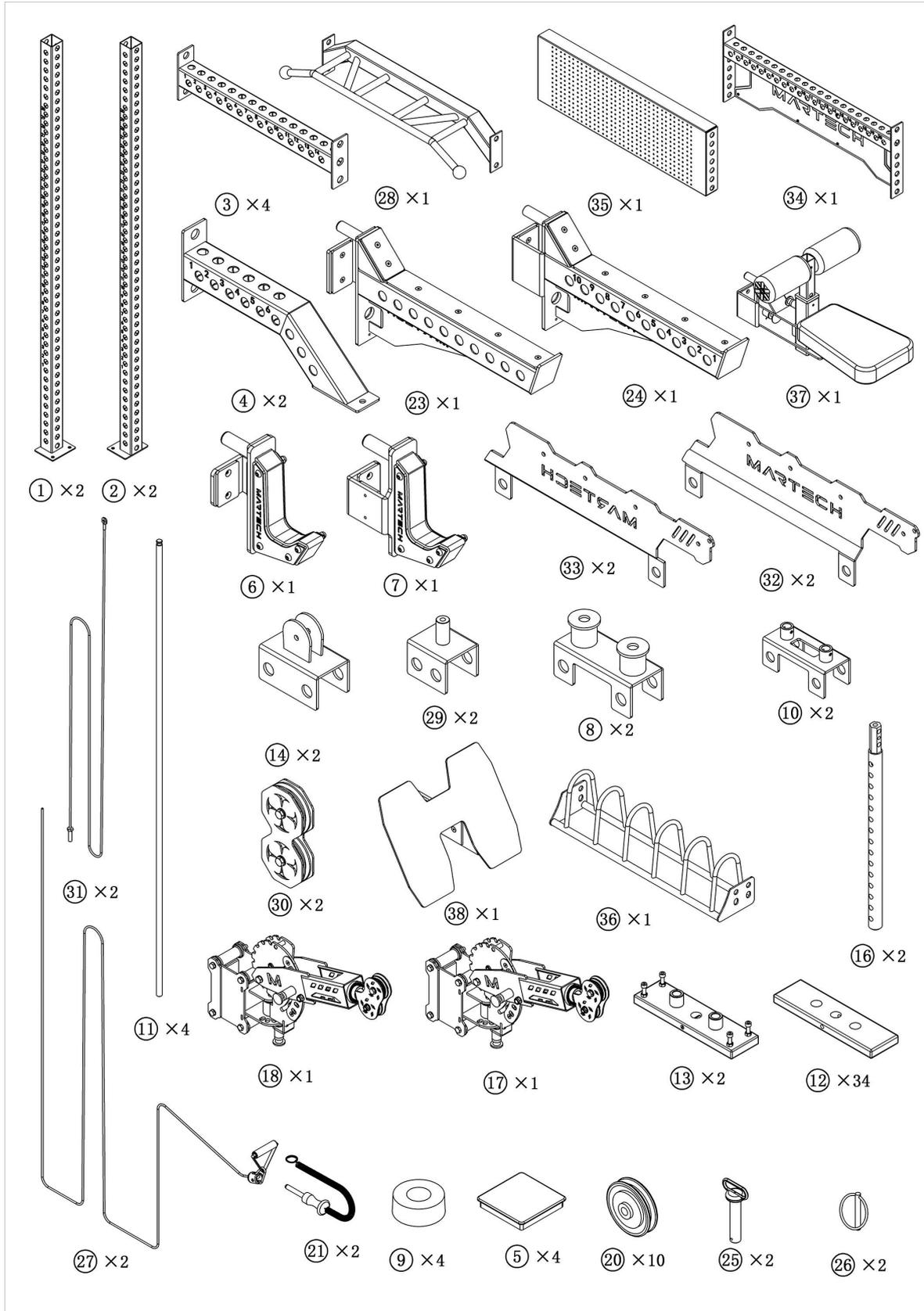
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PARTS/HARDWARE LIST

ITEM NO.	PARTS	SPECIFICATION	UNIT	QTY	MARKS
1	RIGHT UPRIGHT	75×75×2300mm	PCS	2	
2	LEFT UPRIGHT	75×75×2300mm	PCS	2	
3	CROSSBEAM		PCS	4	
4	FRONT EXTRA LEG		PCS	2	
5	END CAP		PCS	4	
6	RIGHT J CUP		PCS	1	
7	LEFT J CUP		PCS	1	
8	WEIGHT STACK GUIDE ROD BOTTOM BRACKET		PCS	2	
9	WEIGHT STACK RUBBER ABSORBER		PCS	4	
10	WEIGHT STACK GUIDE ROD UPPER BRACKET		PCS	2	
11	WEIGHT STACK GUIDE ROD		PCS	4	
12	WEIGHT STACK		PCS	34	
13	FIRST WEIGHT STACKS		PCS	2	
14	PULLEY RETAINING BRACKET		PCS	2	
15	HEX NUTS&BOLTS	M24X110	PCS	54	
16	WEIGHT STACK SELECTED BAR		PCS	2	
17	SWIVEL ARM	LEFT	PCS	1	
18	SWIVEL ARM	RIGHT	PCS	1	
19	HEX NUTS&BOLTS	M10X45	PCS	10	
20	ALUMINUM PULLEY	φ 70mm	PCS	10	
21	WEIGHT STACK SELECTED PINS		PCS	2	
22	HEX NUTS&BOLTS	M10X20	PCS	2	
23	RIGHT SAFETY SPOTTER		PCS	1	
24	LEFT SAFETY SPOTTER		PCS	1	
25	RED PIN		PCS	2	
26	RED PIN RING		PCS	2	
27	CABLES		PCS	2	
28	PULL UP BAR		PCS	1	
29	CABLE RETAINING BRACKET		PCS	2	
30	MOVABLE PULLEY		PCS	2	
31	CABLES		PCS	2	
32	LEFT CABLE-PULLY SYSTEM STRINGER-RIGHT		PCS	2	
33	RIGHT CABLE-PULLY SYSTEM STRINGER-RIGHT		PCS	2	
34	CROSSBEAM WITH LOGO PLATE		PCS	1	
35	PEG BOARD		PCS	1	
36	WEIGHT PLATE STORAGE ATTACHMENT		PCS	1	
37	LAT PULL DOWN SEAT		PCS	1	
38	LOW ROW PEDAL		PCS	1	

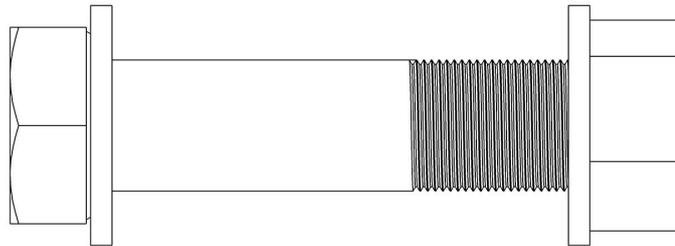
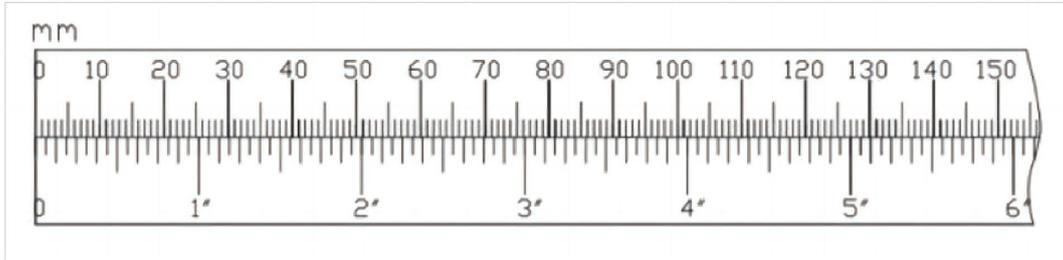
PART IDENTIFICATION

IMPORTANT: if you cannot find a part in the hardware kit, check to see if it has been preassembled.

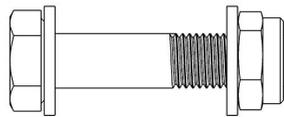


PART IDENTIFICATION

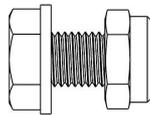
IMPORTANT: if you cannot find a part in the hardware kit, check to see if it has been preassembled.



⑮ × 54

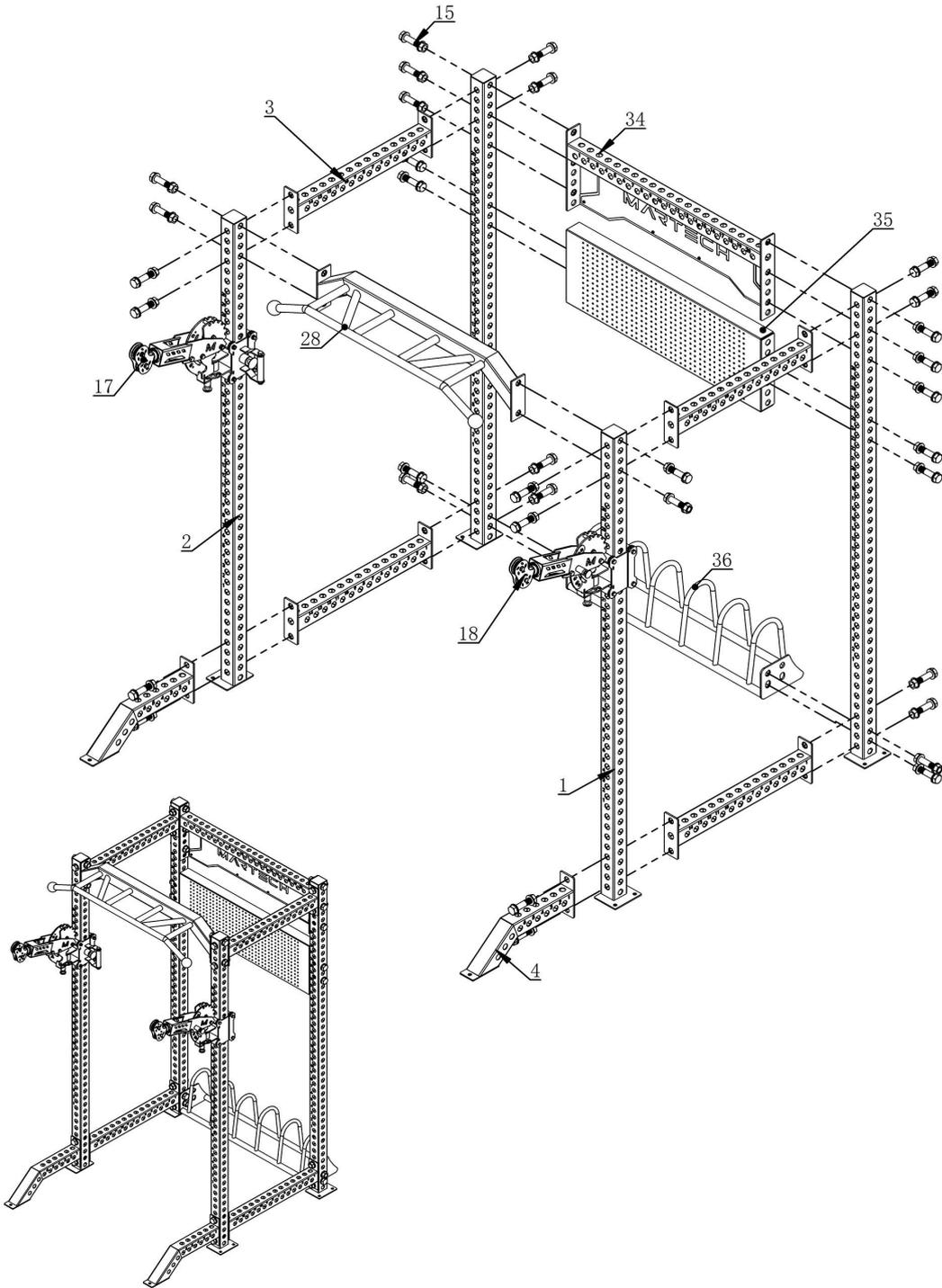
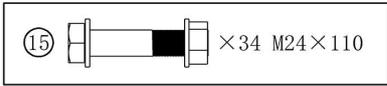


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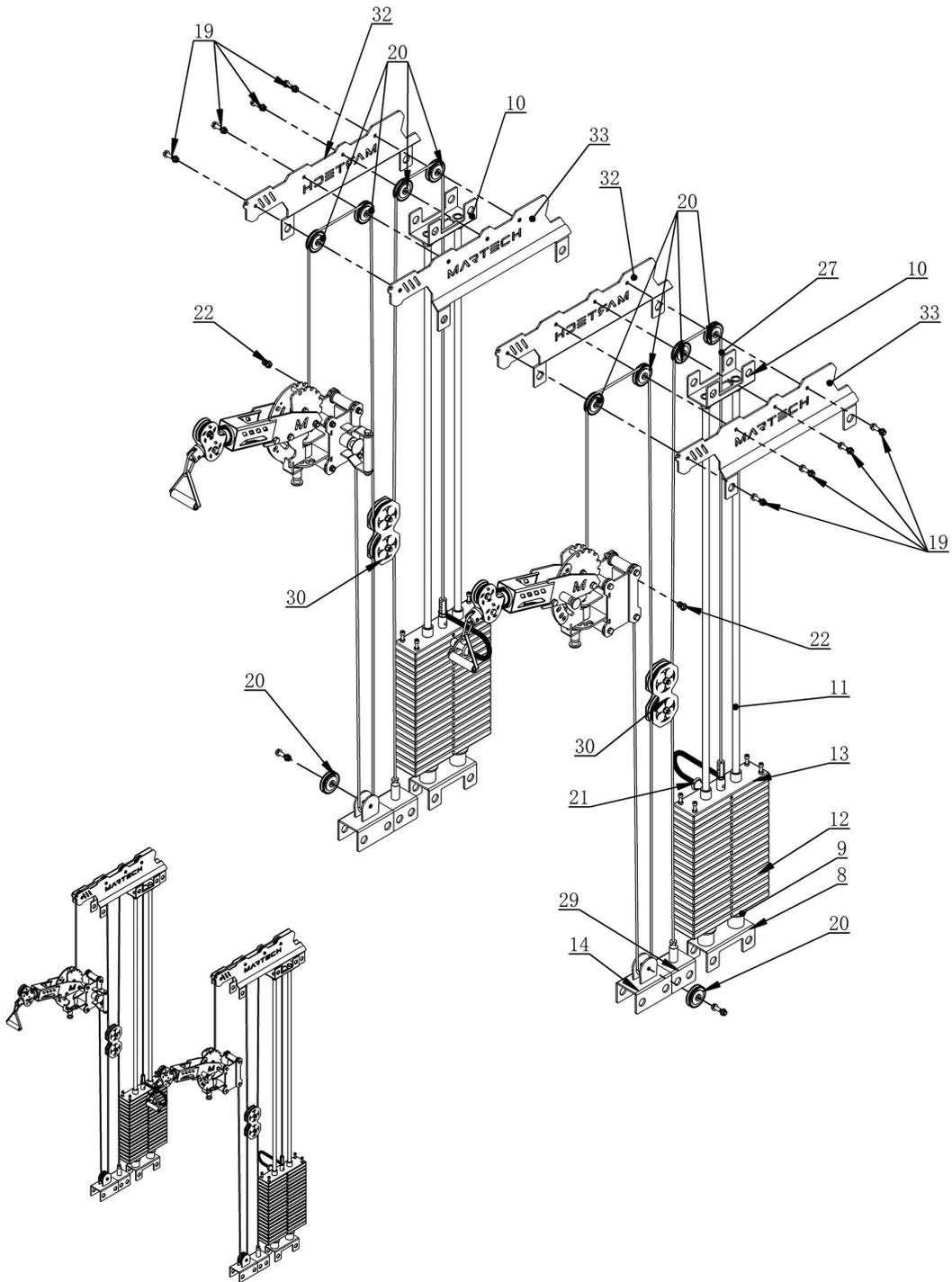
⑳ × 2

ASSEMBLY STEP 1

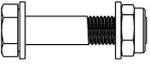


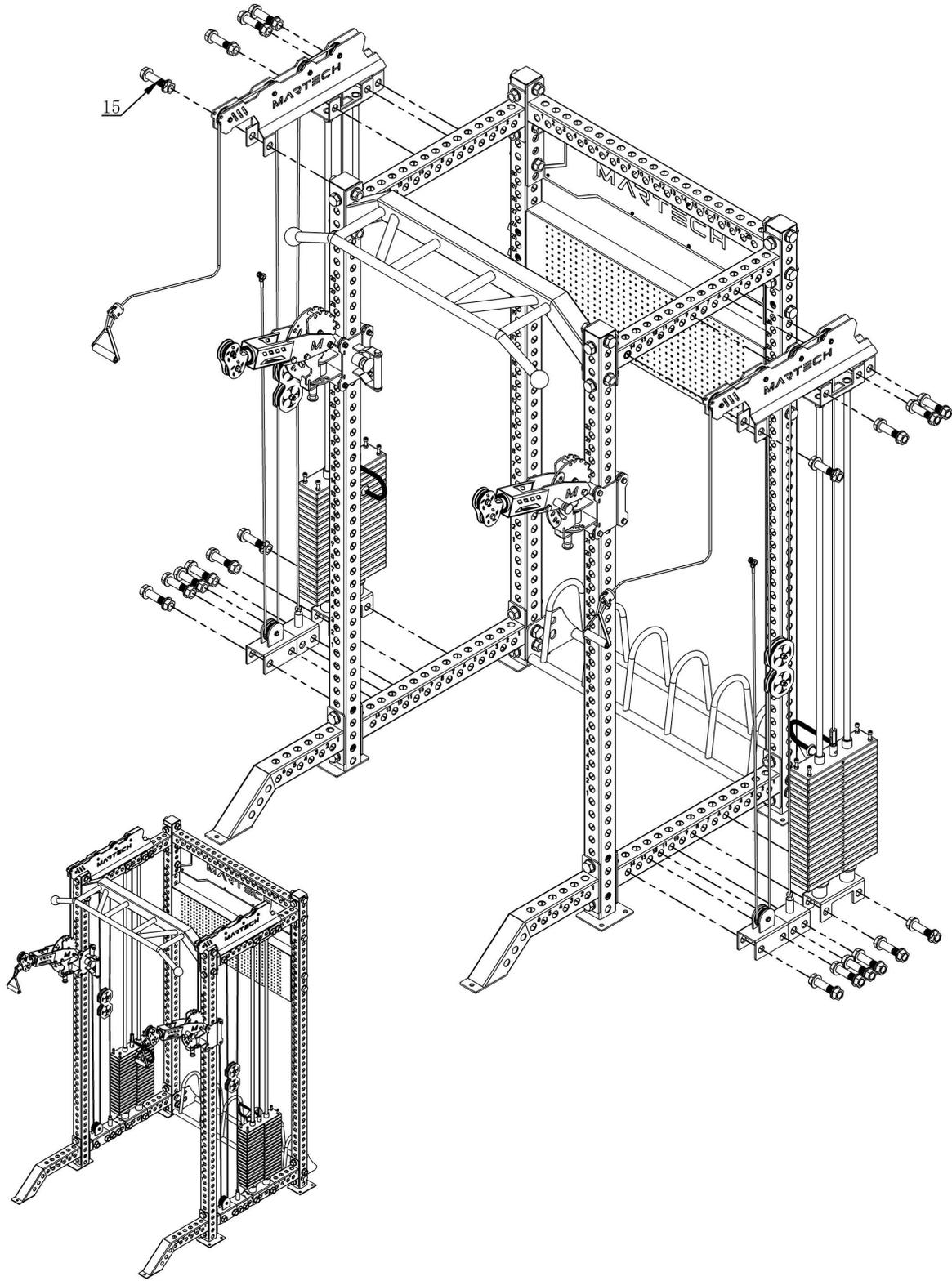
ASSEMBLY STEP 2

- | | | |
|---|---|------------|
| ① |  | ×10 M10×45 |
| ② |  | ×2 M10×20 |

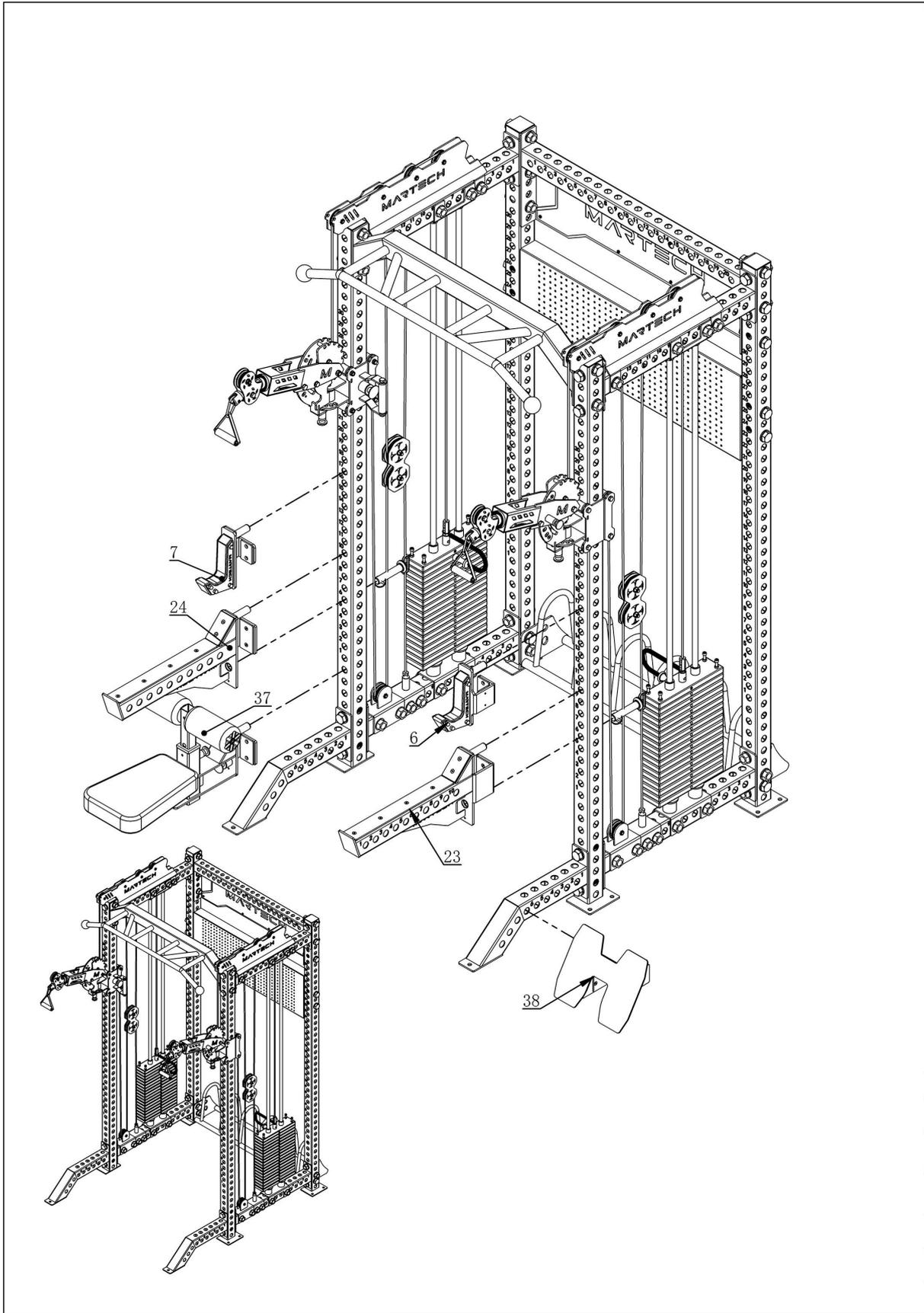


ASSEMBLY STEP 3

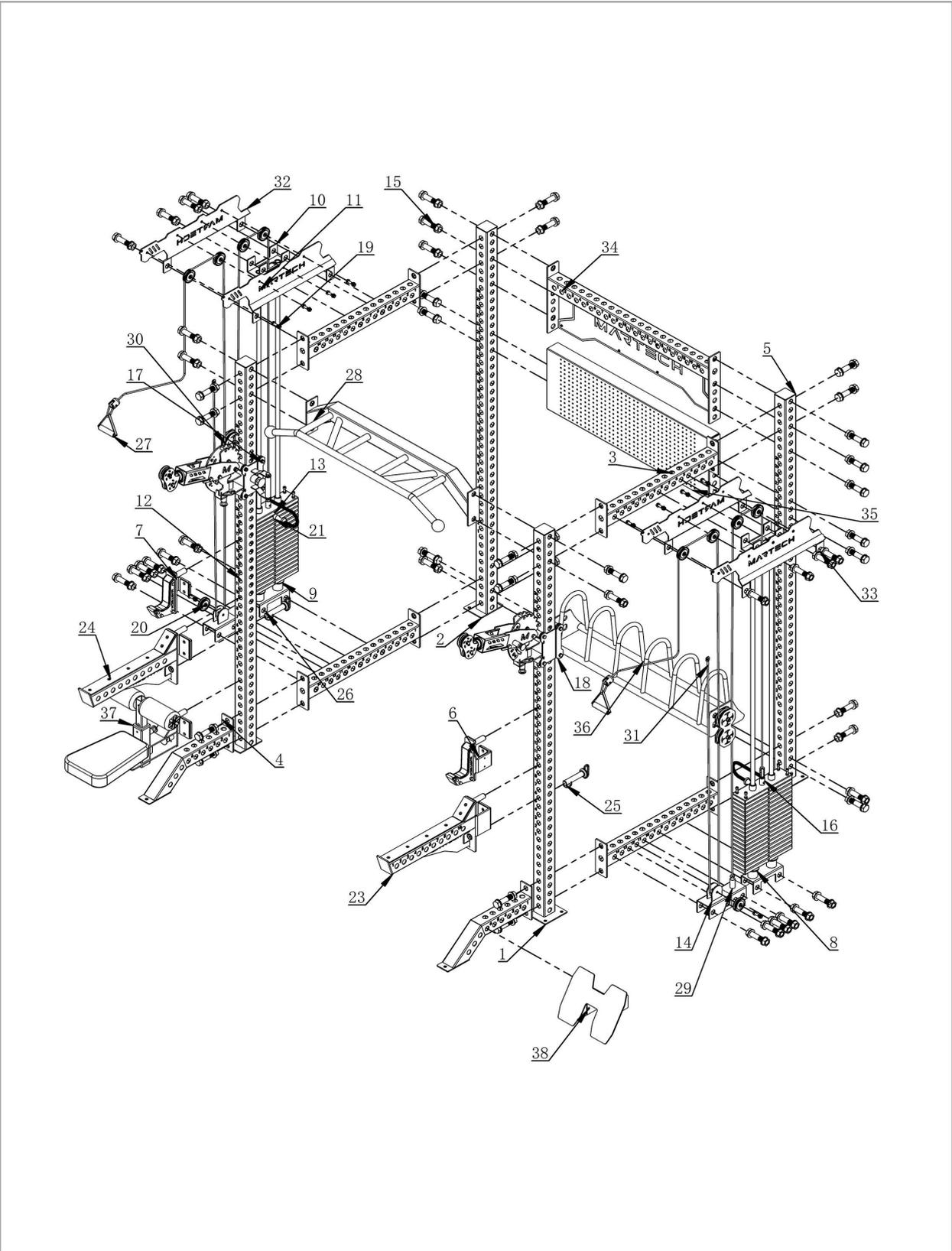
⑮  ×20 M24×110



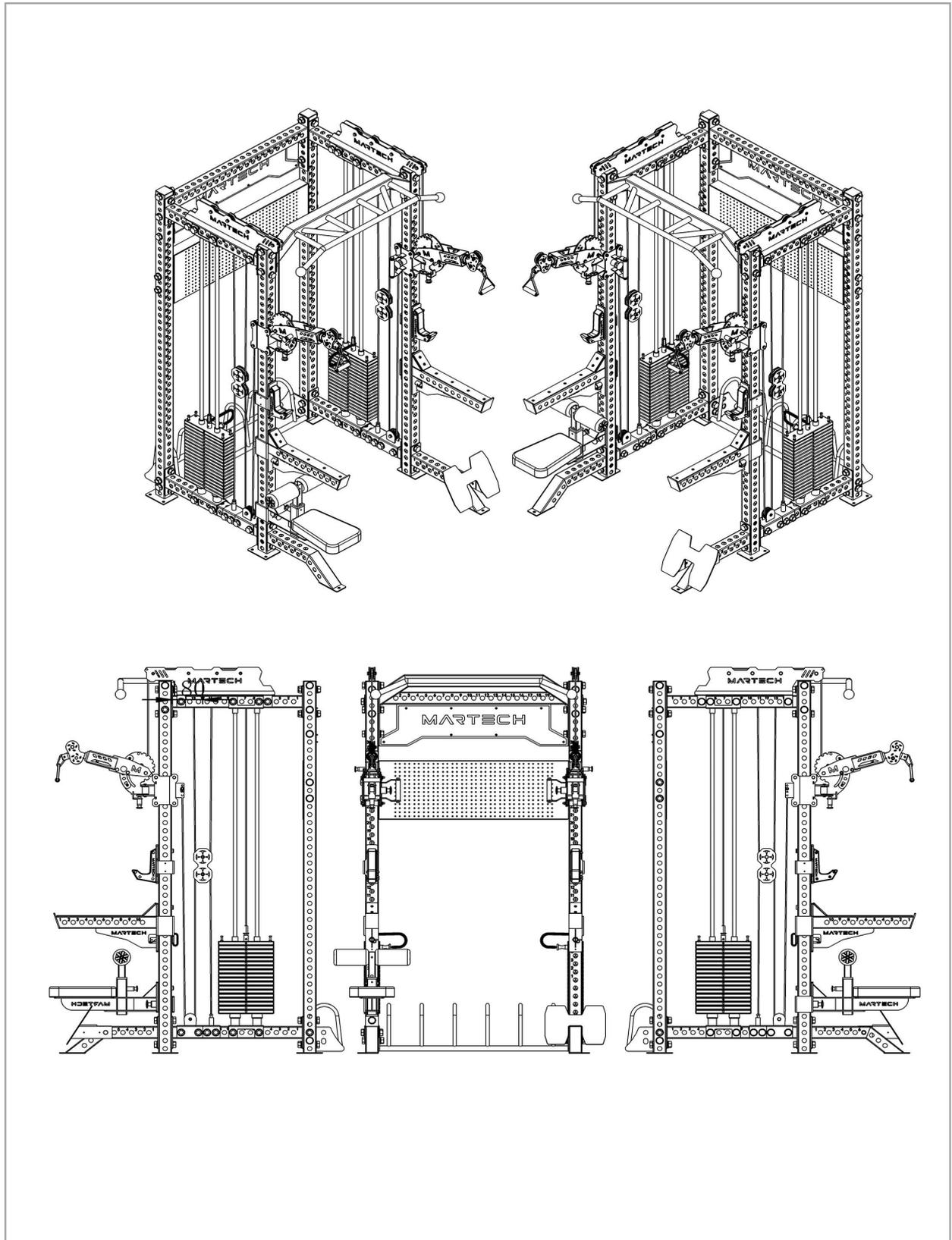
ASSEMBLY STEP 4

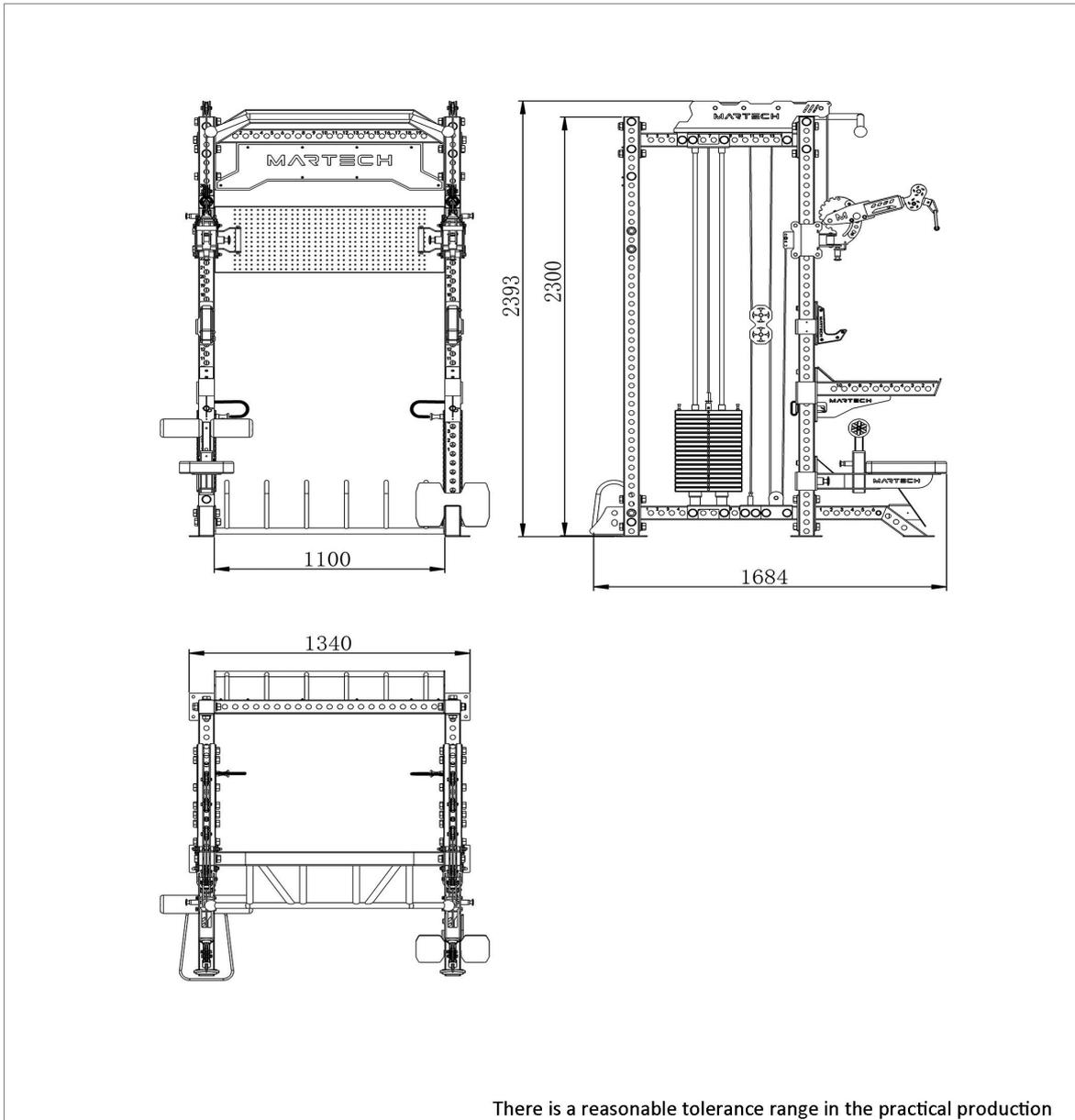


EXPLODED DIAGRAM



ASSEMBLY DIAGRAM





WARRANTY

LIFETIME WARRANTY ON FRAME AND 2 YEAR WARRANTY ON MOVING PARTS

This warranty applies to first owners and does not cover second-hand equipment or re-sold equipment. This warranty covers only failures due to defects in structural, cables and pulleys and workmanship that occur during regular exercise use. It will not cover damage that occurs in transport/delivery or failure due to misuse, abuse, neglect, misapplication, alteration or improper assembly of the product.